



**1. Campiglio Circle trail** *Difficulty: easy / Time: 2 – 3 h / Gradient: minimal.* Winding route circling the resort. Suitable for everyone.

These are various starting points from all of which the route may be completed: Pappagallo restaurant, the base of 3-Tre ski run, the Spinale cableway, Garni dei Fiori. Trail signs: white and green dots or arrows.

**2. The Empress' trail** *Difficulty: easy / Time: 2 -3 h / Gradient: 585 m* The route begins at the church of Madonna di Campiglio (1.550 m). On the trail an engraved rock marks the place where Empress Sissi (Elisabeth of Austria) used to rest; this is also a panoramic point overlooking Madonna di Campiglio. The path passes near Malga Fevri (1.958 m) and arrives at the top of Monte Spinale (2.104 m). Monte Spinale may be reached more easily by using the cableway and then hiking the easy downhill path to Malga Fevri (1.958 m) first and then to Madonna di Campiglio. From Monte Spinale follow the route of the ski-run to Malga Montagnoli (1.804 m) and then to the bottom station of Grostè cableway (1.646 m). On the left the "Sentiero delle Grotte" (path of the caves) leads back to Madonna di Campiglio (1.550 m).

**Alternative route to the "Empress2 trail"** *Difficulty: easy / Time: 4 – 5 h Gradient Spinale/Graffer (150 m uphill) – Gradient: Graffer/Campiglio (760 m downhill)* From the Monte Spinale (2.104 m) pass near the Lake Spinale (2.036 m), and then walk through alpine pasture contrasting with the majestic view at the base of the Brenta Group, reaching Rifugio Graffer (2.261 m) and then down to Malga Vallesinella di Sopra (1.681 m). The way back is either on the "Sentiero dell'Orso" (Bear's trail) or from Rifugio Vallesinella (1.513 m) on the road to Madonna di Campiglio. *Trail signs: 331-382.*

**3. The Queen's Gardens** *Difficulty: difficult / Time: 2 – 4 h Gradient: 105 m uphill – Gradient: 232 m downhill.* Start from the top of Grostè gondola way (2.442 m) on a wide, winding, downhill path along the ski-run at the base of the Pietra Grande mountain. From the Rifugio Graffer (2.261 m) follow the path to the "Orti della Regina" (Queen's Gardens 2.472 m), an interesting area rich with varied flowers and ancient fossils. The way back first follows the same route to Rifugio Graffer (2.261m), then follows a small mountain road to the middle station of Grostè gondola way (2.442 m). Take the lift or walk back to Campo Carlo Magno (1.682m). *Trail signs: 301 – 336 - 301.*

**4. Malga Vagliana e Vaglianella** *Difficulty: easy / Time: 4 - 5 h / Gradient: 344 m uphill and downhill.* Start from Grostè gondola way car park (1.646 m), follow the small road towards Rifugio Graffer which passes near the golf course. The road forks Poza Vecia, turn left and reach Malga Vaglianella (1.828 m) first and the beautiful pasture of Malga Vagliana (1.973 m). The way back goes to Malga Vaglianella, turns right towards Malga Mondifrà (1.629 m), at the base of Val Gelada (Frozen Valley), and then heads back to the Grostè gondola way.

**5. Vallesinella Waterfalls** *Difficulty: easy / Time: 4 – 5 h / Gradient: 281 m uphill and downhill.* A beautiful hike winding through woods of fir, larch and beech trees, reaching the stunning waterfalls Cascade Alte and Cascade di Mezzo, criss-crossing little, unusual bridged. Start from Madonna di Campiglio (1.550 m), on the "Sentiero dell'Orso" (Bear's Trail) in the Palù area, towards Malga Vallesinella di Sopra (1.681 m) then to the Cascade Alte to Rifugio Vallesinella (1.513 m), to Cascade di Mezzo (1.400 m) and finally back to Madonna di Campiglio on the easy "Cascade di Mezzo" path. **Alternative route Cascade Alte – Rifugio Casinei** *Difficulty: easy / Time: 2 – 3 h / Gradient: 311 m uphill and downhill.* This route can also start from Rifugio Vallesinella (1.513 m), which may be reached by car, then walking to Cascade Alte and then to Rifugio Casinei (1.826 m). The way back ends at Rifugio Vallesinella (1.513 m). *Trail signs: 382 – 317 bis – 317.*

**6. Lake Valagola** *Difficulty: easy / Time: 2 – 3 h / Gradient: 300 m.* From Sant'Antonio di Mavignola (1.123 m) follow the signs to Val di Brenta and then to Valagola until the road is barred. Leave the car in the small parking area and walk along the forest road to reach the "malga" first and then Lake Valagola (1.595 m). The way back is on the same route. *Trail signs: 324.* **Alternative route "Malga Brenta Bassa"** *Difficulty: easy / Time: 3 - 4 h / Gradient: 400 m* Leaving Sant'Antonio di Mavignola reach the Vivaio Forestale (forest nursery) in Brenta Valley (1.156 m). The route heads towards Malga Brenta Bassa (1.265 m), then to Rifugio

Cascate di Mezzo (1.400 m) down to the Cascata di Sotto (Lower Waterfall) and then to Malga Fratte (1.268 m). The route ends at the Vivaio Forestale (1.156 m).

**7. The 5 Lake tour (Ritorto, Lambin, Serodoli, Gelato, Nero)** *Difficulty: medium-difficult / Time: 4 – 6 h.* A trail connecting beautiful little lakes surrounded by granite outcrops. There are different starting points: start from the top of “5 Lakes” cableway (2.123 m), in the direction for Lake Ritorto (2.055 m) and then following the path clockwise to Lambin (2.324 m), Serodoli (2.370 m), Gelato (2.393 m), Nero (2.236 m) and Nambino (1.768 m) lakes, then back to Madonna di Campiglio (1.550 m). *Gradient: 320 m uphill, 720 m downhill. Trail signs: 232 – 217.* Start at Patascoss (1.737 m), and climb to Rifugio Pancugolo (2.123 m), follow the path to Lake Ritorto (2.055 m), then to the other lakes. This route ends in the same place where you started. *Gradient: 583 m uphill and downhill. Trail signs: 232-217.* Start at Malga Ritorto (1.747 m), extraordinary panoramic point overlooking the Brenta Group, then proceed to Lake Ritorto (2.055 m), then continue clockwise to all the other lakes. *Gradient: 573 m uphill and downhill. Trail signs: 232-217.* Start from Piana di Nambino to Lake Nambino (1.768 m). The head towards Lake Serodoli (2.370m) and then counter clockwise to all the other lakes. *Gradient: 746 m uphill and downhill. Trail signs: 217 – 232.* **Alternative route “Lago Ritorto – Malga Ritorto”** *Difficulty: easy / Time: 3 – 3,5 h / Gradient: 520 m downhill.* From the top of the cableway 5-Laghi (2.123 m), proceed towards Lake Ritorto (2.055 m), then go downhill to Malga Ritorto (1.747 m) then on to Madonna di Campiglio (1.550 m). *Trail signs: 277. ■ ■ ■ ■*

**8. Lake Nambino** *Difficulty: easy / Time: 3 – 3,5 h / Gradient: 218 m uphill and downhill.* Start near Canalone Miramonti (Stadio dello Slalom) following the ski run to Piana di Nambino, then climb to Lake Nambino (1.768 m). To return, follow the easy path to Malga Patascoss (1.737 m) and then descend to Madonna di Campiglio (1.550 m). *Trail signs: 217.* You can reach by car the Nambino plain from where, walking 20 minutes, you arrive at the Nambino Lake.

**9. Masi di Claemp and World War I Fort** *Difficulty: easy / Time: 4 – 5 h / Gradient: flat.* From Madonna di Campiglio (1.550 m) on the Campiglio Circle Trail, go to the place named Panorama (1.540 m), then to Milegna (1.537 m). Follow the trail to the pasture of the Claemp (1.540 m). There are some mysterious “masi” (typical local dwellings) and it is possible to view a fort still intact from World War I. The way back is via the same route. **Alternative route “Sentier dei Siori”** *Difficulty: easy / Time: 3 – 4 h / Gradient: 197 m uphill and downhill.* From Panorama (1.540 m), follow the path to Milegna (1.537 m) then to Malga Ritorto (1.747 m) and finally back to Madonna di Campiglio (1.550 m).

**10. Lake Malghette** *Difficulty: easy / Time: 3 – 4 h / Gradient: 188 m uphill and downhill.* Easy hike, suitable for anybody. A bit north of Campo Carlo Magno (1.682 m), on the left towards “Ristorante Palù della Fava” the path starts, then crosses the “Palù della Fava” wood and then it passes Malga Vigo (1.800 m) on the right. After a steeper rocky part, the path arrives at the Lake Malghette (1.890 m) and, on its shore, Rifugio Malghette. *Trail signs: 201.* **Alternative route “Lake Malghette – Rifugio Viviani Pradalago – Malga Zeledria”** *Difficulty: easy / Time: 3 - 4 h / Gradient: 403 m.* From Lake Malghette (1.890 m) head towards Rifugio Vivai Pradalago (2.085 m) on a flat path, then follow the ski run on the left to Malga Zeledria (1.767 m) and finally back to Campo Carlo Magno (1.682 m). *Trail signs: 265.* **Alternative route “Malghette easy”** *Difficulty: easy / Time: 3 – 4 h / Gradient: 535 m downhill.* Start from the top of Pradalago cableway (2.119 m) and reach Rifugio Viviani Pradalago (2.085 m) the head towards Lake Malghette (1.890 m). Return by way of the path for Malga Zeledria (1.767 m) and return to Madonna di Campiglio (1.550 m). *Trail signs: 265-201.* **Alternative route “Pradalago – Nambino”** *Difficulty: easy / Time: 2 – 3 h / Gradient: 535 m downhill.* From the top of Pradalago cableway (2.119 m) go to Rifugio Viviani Pradalago (2.085 m). At the first fork turn right and follow the signs for the path “Lake Nambino” (1.768 m). The way back ends in Madonna di Campiglio (1.550 m).